

WORKSHOP TIMETABLE

You do not need to bring a partner to any of the workshops

9.00 – 10.30	O Yoga	(1) Start off with gentle energising exercises with qualified yoga teacher JULIA ACKROYD . <u>Bring mat or thick towel.</u>
	O Medieval European Dance	(2) Join the ever popular ARBEAU DANCERS for a selection of elegant dances from the courts of Medieval Europe.
	O Tribal Belly Dance	(3) CHRIS OGDEN leads this popular class: a fusion of Arabic, N.African, Spanish, Gypsy & Indian dance.
	O Rock'n'Roll	(4) ANGELA BENNET makes learning Rock'n'Roll easier than you could ever imagine. See No 32. Popular class.
	O Relax with EFT	(5) Learn to use meridian points to relieve tension & stress with ROSALIND LEWIS who runs local EFT workshops.
	O Singing is Community	(6) Start the day with ANA HAYRABEDIAN of Bradford Voices & Bradford Women's Singers. Uplifting & fun songs.
11.00 – 12.30	> Story telling	(7) Want to know the secret of telling a good story? Pick up story-telling techniques from ROD DIMBLEBY .
	> Hand Reflexology	(8) Learn to treat common complaints with ROSALIND LEWIS , experienced and qualified local reflexologist. See 5.
	O Line Dancing for Fun	(9) Learn or brush up your Line Dance with TEXAS ROSE who runs classes in Shipley & Leeds area. <u>See Eve/event</u>
	O Salsa – Beginners	(10) NICOLAI & HELENA of Fuego Latino are back. They teach stylish fun salsa at Bar Med, Leeds . Book early.
	O Scottish Country Dance	(11) Join RSCDS teacher VERONICA HUGHES for a session for beginners and the more experienced. <u>Soft shoes.</u>
	O North West Morris Glen	(12) Local team RAINBOW MORRIS are looking for new dancers and musicians. Why not join them to find out more?
1.00 – 2.30	O Singing Out Dale	(13) Join CAROL WARREN of Chechelele & The Women at No 13 for simple rounds & world music harmonies.
	> Contra	(14) LEEDS CONTRA DANCE will take you two steps beyond ceilidh, with sinuous, sociable, fast-flowing set dances.
	> Drama in 90 minutes	(15) Join local actress & drama teacher LORNA JUDGE for fun class with a challenge to create a playlet in 90 mins
	☒ Tap for Fun	(16) LINDA CARTRIGHT of Wilson Dance Centre will take a fun tap class for adults ending with a short routine.
	☒ Young Children's Dance	(17) A chance for 3-5yr olds to do ballet, tap, jazz, mime & song with LAURA LIDDON of Wilson Dance Centre.
	O Lancashire Clog	(18) Never seen a clog ? Learn to turn your feet into a percussive instrument with CLOGAIRE . Wear hard soles
	O Showtime Routines	(19) GORDON WILSON of Wilson Dance Centre returns to take this popular class through show stopping routines.
	O Swing / Jive	(20) MARK & DEBBIE run sessions in Bradford & Leeds . Join them for their usual fantastic workshop. Book early
	O Salsa Merengue – Improvers	(21) (See 10) A workshop to learn more complicated moves based on the confident knowledge of the basics.
	O Old Time Dance	(22) Join RON, JUNE, GRAHAME & BERNICE to find out how much fun Old Time Dancing (1900s onwards) can be.
	O Cheerleading NEW!	(23) Join KATIE BOLD of Footloose for an exciting new wkshop with dance moves & chants. Pom poms provided!
	3.00 – 4.30	> Keep Fit the K.F.A. Way
> Sing with Dots & Do Ray Me		(25) Like to learn to read music through singing. Well join ANN PERRY and find out how to do it, the fun way.
☒ Disco - Freestyle		(26) Join RACHEL SHUTT of Wilson Dance Centre for a fun and energetic workshop – open to all. New wkshop
☒ Appalachian		(27) Saltaire's ROLL BACK THE CARPET will teach a simple routine to live music. For all ages. Tap/hard soles!
O Ukrainian Dance NEW!		(28) Join OLGA STPOVANI & MICHAEL SHUTAK to learn amazing Cossack kicks, whirls & pirouettes. <u>New wkshop.</u>
O Greek/Balkan Dance		(29) LOIDIS, Leeds International Folk Dance Group meets weekly to live & recorded music, new dancers welcome.
O Argentinean Tango		(30) Learn the basics with TANGO YORKSHIRE who run classes in Leeds & Sheffield. Early booking req. (see No 36)
O Flamenco		(31) CANDACE KAISER , with guitarist , will introduce you to this exciting & flamboyant dance style . Hard soles.
O Strictly Come Dancing		(32) Learn Waltz, Quick Step, Rumba Cha & Foxtrot with ANGELA BENNETT – a very popular class and tutor.
❖ Modern Jazz Dance		(33) KATIE BOLD of Footloose Academy will lead you through this energetic & lively workshop. New tutor.
❖ Lindy Hop		(34) The fun folk of LINDYFRIDAYS , Leeds, teach lindy hop and charleston. <u>www.lindyfridays.com</u> New tutors.
5.00 – 6.30		> Drumming
	O Sexy Tango	(36) TANGO YORKSHIRE (see 30) will teach this new w/shop. Add some spice to your Tango dancing! Book early.
	O Arabian Dance	(37) Enjoy the women's arabian dance style with Leeds based BEVERLEY SMITH . Suitable for everyone. New tutor.
	O Circle Dance	(38) Join SOPHIA HATCH who runs classes locally for fun traditional dances to simple meditational ones. <u>Open to all.</u>
	O Songwriting	(39) Join KARL DALLAS songwriter & poet and pick up some tips. <u>No musical knowledge needed.</u> Bring your writings
	❖ Street Dance	(40) KATIE BOLD of Footloose Academy, Leeds will teach you fun street dance and hip hop routines. New tutor.

Evening Events – Saturday 23rd Sept. '06 - Victoria Hall, Saltaire

5.00 - 7.00 O FAMILY CEILIDH with ZIG ZAG & caller DARRYL FOXWELL

8.00 - 11.30 O SALSA PARTY with FUEGO LATINO
O LINE DANCE SOCIAL with TEXAS ROSE

8.00 - 11.15 O CEILIDH – RANNYGAZOO & caller SUE SPENCER

For the Evening Events it would be helpful if you ticked your preference on the booking form to help room allocation.

ONE TICKET ALLOWS ADMISSION TO ALL THREE 8.00pm – 11.30pm EVENTS

BAR AT ALL EVENING EVENTS

VENUES:

> Saltaire United Reform Church

☒ Wilson Centre for Dance, Shipley

O Victoria Hall, Saltaire ❖ D M Academy, Briggate, Shipley

REFRESHMENTS will be on sale until 7pm

We are most grateful to those who make this event possible by giving their time without payment